

**Second Harvest Community Food Bank**

915 Douglas

St. Joseph, MO 64505

Phone: 816.364.FOOD

Fax: 816.364.6404

[www.OurCommunityFoodBank.org](http://www.OurCommunityFoodBank.org)

**Media Contact:** Stacy Neibling Fisher  
Director of Marketing  
816.364.3663 ext. 208  
[sfisher@ourcommunityfoodbank.org](mailto:sfisher@ourcommunityfoodbank.org)



**FOR IMMEDIATE RELEASE**

**CAMPUS CUPBOARD CONTINUES TO NOURISH FAMILIES IN SECOND YEAR**

**St. Joseph, Mo.— October 7, 2013—** Second Harvest Community Food Bank and the Colgan Alternative Resource Center have teamed-up to open the doors of Campus Cupboard for the second year. Campus Cupboard is a food pantry located on the campus of Colgan. It opened last year as a way to expand access to nutritious food to Colgan students and their families.

“Campus Cupboard is run by Colgan students. The kids had their first distribution day in September, and even with numbers being low at Colgan this year, they were still able to help about 25 families,” said Christine Feuerbacher, programs coordinator at Second Harvest.

Campus Cupboard has added new learning opportunities for its student workers this year. They will have the opportunity to learn how to create a food budget and the importance of comparative shopping. Campus Cupboard will also feature new food and cooking demonstrations.

“We are excited to announce that Campus Cupboard will host Frank Hartigan, a chef from the St. Joseph School District, during Parent/Teacher Conferences on October 23 as he conducts cooking demonstrations. The families who attend the demonstrations will be sent home with the items Chef Frank will be preparing,” Feuerbacher said.

The nutritious food on Campus Cupboard’s shelves is supplied by Second Harvest. This year, Campus Cupboard will be stocked with the supplies needed for healthy recipes provided by the MU Extension office. Colgan families have access to the pantry on a first come, first served basis. The doors are open from 1:30 to 3:30 p.m. on the second and fourth Wednesday each month school is in session.

More than 5,000 children in Buchanan County struggle with food insecurity. Studies show that children who do not receive adequate nutrition fall behind their peers developmentally and academically. Campus Cupboard and the Backpack Buddies program directly address the issue of child hunger within the school system.

To find out more information about Campus Cupboard visit [www.OurCommunityFoodBank.org/CampusCupboard](http://www.OurCommunityFoodBank.org/CampusCupboard) or call 816.364.FOOD.

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*The vision of Second Harvest Community Food Bank is to build hunger-free communities in Northwest Missouri and Northeast Kansas. Second Harvest Community Food Bank provides food assistance to Partner Agencies in the following counties (Missouri): Andrew, Atchison, Buchanan, Caldwell, Clinton, Daviess, DeKalb, Gentry, Grundy, Harrison, Holt, Livingston, Mercer, Nodaway and Worth; (Kansas): Atchison, Brown, Doniphan and Leavenworth.*